

Chart of STD

	Type of Sexual Activities can result in the respective STD	STD Symptoms in Men (initial symptoms)	STD Symptoms in Women (initial symptoms)	STD Symptom stages		STD Test Window period	STD Testing required	
				Minimal period	Optimal period	(Incubation Period of STDs)	How soon to get tested ?	If re-testing required? (to confirm)
Chlamydia	Oral sex Anal sex	Discharge from penis painful urination swollen testicles under pain anal pain, discharge or bleeding	Increase in vaginal discharge Painful/burning sensation while urinating Pain or bleeding during sex Lower abdominal pain anal pain, discharge or bleeding	48 hours	14-21 days	5 days up to 2 weeks	24 Hours to 5 Days	Yes, again in 2 weeks
Gonorrhea	Oral sex Anal sex Masturbation	Frequent urination penial discharge swelling or redness at the tip of the penis swollen testicles (painful) Sore throat	vaginal discharge painful/burning/frequent urination Spotting (on periods) sore throat painful intercourse lower abdomen pain fever	48 hours	2-30 days	5 days up to 2 weeks	2 to 6 days	Yes, again in 2 weeks
Herpes (genital herpes)	All kind of Oral Sex and even skin to skin contact and kissing	Itching in and near your genitals pain in and around your genitals Bodyache/fever/flu-like symptoms Swollen lymph nodes in your groin area	Itching, burning feeling, tingling in vagina Swollen lymph nodes Fever and Flue like symptoms Different color/pattern of vaginal discharge Headache Painful and difficult to urinate	2-14 days		4 to 6 weeks	4 to 6 weeks	Yes, again in 3 months
HIV	Oral sex Unprotected intercourse (and even Anal)	Body rash Fever Sore throat Severe headaches Flu like symptoms	Early, flu-like symptoms Skin rashes and sores Swollen glands Fever and night sweats Menstrual changes	14 days - Many years		22 days	9 days to 3 months (depending on the test)	Follow-up test immediately, regular test every 3 months
Chancroid	Unprotected intercourse Unprotected Anal sex	Hard rubbery ulcer begins as a tender Elevated bump papule that becomes a pus-filled open sore with eroded or ragged edges		1-14 days		2-19 days	10 days and beyond	Yes, again in 3 months
Trichomoniasis	skin to skin contact	Penile discharge Burning during urination or ejaculation Itching inside the penis	Genital itching, soreness and burning sensation Pain while urinating Unusual vaginal discharge: cloudy, white or greenish with fishy smell	5-28 days		3-7 days	8 days and beyond	Yes, again in 3 months
Hepatitis A,B,C	Oral sex (rarely) Kissing (rarely) Intercourse (rarely) Anal Sex (multiple partners)	Abdominal pain Dark urine Fever Joint pain Loss of appetite Nausea and vomiting Weakness and fatigue	fatigue abdominal discomfort muscle and joint pain poor appetit	28-48 days		30 to 180 days	3 to 6 weeks	Not necessary
Scabies	skin-to-skin contact	Scabies rash on penis		30-60 days		4 to 6 weeks	15 days and beyond	N/A
HPV	Masturbation Body Contact Oral Sex/Blow job Rimming Anal Sex without a condom Anal sex with PreP or TaSP/U=U	Genital wart appear in the following areas of the body genital warts on penis Warts on the scrotum Warts in or around the anus and groin.	Genital wart appear in the following areas of the body On the vulva In or around the vagina In or around the anus On the groin (where the genital area meets the inner thigh) On the cervix	2-3 months		2 weeks - 8 months	2 weeks	Yes, again in 12 months
Syphilis	Unprotected sex Anal sex Oral Sex	Sores/Skin rash Sores in mouth,genitals or anus Fever Swollen glands Hair loss Headache Fatigueness Bodyache		10-90 days		3 to 6 weeks	3-6 weeks	Yes, again in 3 months

Incubation period of STD is different from the period the symptoms appear



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References

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